

Member Guide

Select



Welcome to Ambetter of Tennessee!

We are happy to have you as a member. Use this member guide to help you take charge of your health and get the most out of your benefits.

Create Your Online Member Account

1. Set up your secure Online Member Account to get the most out of your plan.
2. Do this by visiting the Login page on **AmbetterofTennessee.com**.

Your member account gives you access to see your benefits and coverage information, access your Schedule of Benefits, claims information, Digital ID, and more – all in one convenient place.

Payment Information

Best Option! **Pay online.**

- **AmbetterQuickPayTN.com**
- Enroll in automatic bill pay
- Make a one-time payment

Visit **AmbetterofTennessee.com** for even more ways to pay. You will receive your Welcome Packet and Member ID Card(s) after your first month's premium is paid in full.

Learn More About Your Select Member Plan

Your Select plan offers the benefit of seeing doctors in certain health systems. While no referrals are required to see a specialist within the network, remember that no routine adult vision or dental benefits are available. For a full listing of these services, please refer to your Evidence of Coverage (EOC). These plan options are only offered within certain areas of TN.

With your Select plan, you get to pick your Primary Care Physician (PCP). Your PCP is your main doctor — the one you see for regular checkups and your first option for care. To search our online Provider Directory, visit **guide.ambetterhealth.com**. Remember to select an in-network PCP!

In-network or network provider means a physician or provider who is identified in the most current list for the network shown on your Member ID Card. Services received from an **out-of-network provider** are not covered, except as specifically stated in your EOC. **Non-Emergent Services:** You can access Select Network providers in another state from Ambetter Health plans, limited to Arizona, Florida and Tennessee.



Learn about how to get the most out of your plan. Refer to your Evidence of Coverage (EOC) for more information by visiting:

[AmbetterofTennessee.com/health-plans.html](https://www.ambetterofTennessee.com/health-plans.html)

Ambetter of Tennessee is underwritten by Celtic Insurance Company, which is a Qualified Health Plan issuer in the Tennessee Health Insurance Marketplace. This is a solicitation for insurance. © 2023 Celtic Insurance Company. All rights reserved. *Formerly known as Ambetter Telehealth. Cost sharing may apply when using Virtual 24/7 Care. Virtual 24/7 Care cost share does not apply to HSA plans until the deductible is met and is only applicable when used through the Virtual 24/7 Care program. Ambetter Health does not provide medical care. Medical care is provided by individual providers which are independent contractors and not agents of Ambetter Health. **Healthcare-related costs will vary by member and the plan in which you are enrolled. Funds expire immediately upon termination of insurance coverage. My Health Pays® rewards cannot be used for pharmacy copays. Restrictions apply. Members must qualify for and complete all activities to receive \$500 or more. Visit **Member.AmbetterHealth.com** for more details. Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all members. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact us at 1-833-709-4735 (Relay 711) and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

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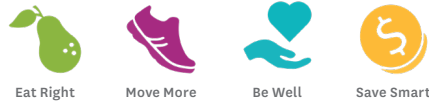
Stay Healthy and Stay Well with Ambetter

Get the most from your Ambetter Health insurance with our health and wellness benefits. Ambetter Health offers the benefits you need to take control of your health today. Learn more about the benefits below and more by visiting AmbetterofTennessee.com/health-plans/our-benefits.html.

- Mail-Order Pharmacy Program
- Virtual 24/7 Care*
- Essential Health Benefits
- My Health Pays® Rewards Program**
- Care Management Services
- Start Smart for Your Baby®
- Health Management Programs

My Health Pays® Rewards Program

You love being healthy, we love paying you for it. Our My Health Pays program is a rewards program that pays you for the healthy decisions you're already making each and every day. Learn more at AmbetterofTennessee.com.



Member Services

If you have questions, call us at: **1-833-709-4735 (Relay 711)**. We're here to help. We're available Monday through Friday, 8 a.m. to 8 p.m. local time.

On The Web

For more information, visit: AmbetterofTennessee.com.

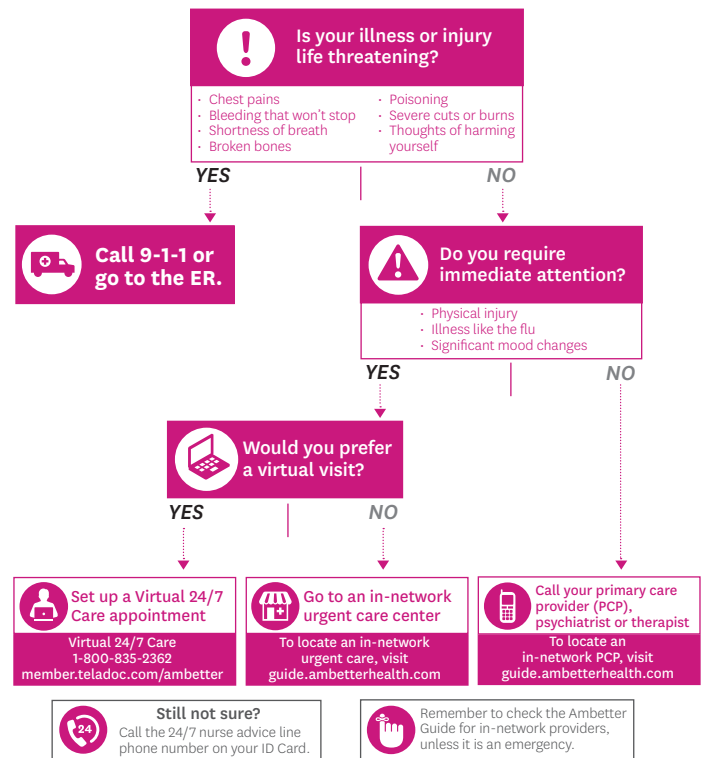
Free Interpreter Services

Interpreter services include languages other than English. Call Member Services for more information. This service allows you and your provider to talk about your medical or behavioral health concerns in a way that is most comfortable for you. Members who are blind or visually impaired and need help with interpretation can call Member Services for an oral interpretation.

Enrollment

If you enrolled through Health Insurance Marketplace and have updates to your enrollment information (your date of birth, address, income, or life changes), you can contact Ambetter Health at 1-833-709-4735 (Relay 711). We are available Monday through Friday, 8 a.m. to 8 p.m. local time. Visit Healthcare.gov or call: 1-800-318-2596 (TTY: 1-855-889-4325). If you are enrolled in an off-exchange plan, please contact Member Services to update your enrollment information, such as your date of birth, address or income or life changes. You can do this by calling 1-833-709-4735 (Relay 711). We're available Monday through Friday, 8 a.m. to 8 p.m. local time.

Where to go for care?



Statement of Non-Discrimination

Ambetter of Tennessee is underwritten by Celtic Insurance Company, which is a Qualified Health Plan issuer in the Tennessee Health Insurance Marketplace. Celtic Insurance Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin (including limited English proficiency and primary language), age, disability, or sex (including pregnancy, sexual orientation, gender identity, or sex characteristics). This is a solicitation for insurance. © 2023 Celtic Insurance Company. All rights reserved.
[AmbetterofTennessee.com](https://www.ambetterofTennessee.com)

If you, or someone you are helping, have questions about Ambetter of Tennessee, and are not proficient in English, you have the right to get help and information in your language at no cost and in a timely manner. If you, or someone you are helping, have an auditory and/or visual condition that impedes communication, you have the right to receive auxiliary aids and services at no cost and in a timely manner. To receive translation or auxiliary services, please contact Member Services at 1-833-709-4735 (Relay 711). If you believe that Celtic Insurance Company has failed to provide these services or discriminated in another way on the basis of race, color, national origin (including limited English proficiency and primary language), age, disability, or sex (including pregnancy, sexual orientation, gender identity, or sex characteristics), please contact Member Services at 1-833-709-4735 (Relay 711). You may also submit a grievance by phone to 1-833-709-4735 (Relay 711). For information on filing a discrimination complaint directly with the U.S. Department of Health and Human Services, Office of Civil Rights, please visit <https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf>.

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English:	<p>If you, or someone you are helping, have questions about Ambetter of Tennessee, and are not proficient in English, you have the right to get help and information in your language at no cost and in a timely manner. If you, or someone you are helping, have an auditory and/or visual condition that impedes communication, you have the right to receive auxiliary aids and services at no cost and in a timely manner. To receive translation or auxiliary services, please contact Member Services at 1-833-709-4735 (Relay 711).</p>
Spanish:	<p>Si usted, o alguien a quien está ayudando, tiene preguntas acerca de Ambetter of Tennessee y no domina el inglés, tiene derecho a obtener ayuda e información en su idioma sin costo alguno y de manera oportuna. Si usted, o alguien a quien está ayudando, tiene un impedimento auditivo o visual que le dificulta la comunicación, tiene derecho a recibir ayuda y servicios auxiliares sin costo alguno y de manera oportuna. Para recibir servicios auxiliares o de traducción, comuníquese con Servicios para Miembros al 1-833-709-4735 (Relay 711).</p>
Arabic:	<p>إذا كان لديك أو لدى شخص تساعد أسئلة حول Ambetter of Tennessee، ولم تكن بارعا باللغة الإنكليزية، ف لديك الحق في الحصول على المساعدة والمعلومات بلغتك من دون أي تكلفة وفي الوقت المناسب. إذا كنت أنت أو أي شخص تساعد تعاني من حالة سمعية و/أو بصرية تعيق التواصل، ف لديك الحق في تلقي مساعدات وخدمات إضافية من دون أي تكلفة وفي الوقت المناسب. لتلقي خدمات الترجمة أو خدمات إضافية، يرجى الاتصال ب خدمات الأعضاء على 1-833-709-4735 (Relay 711).</p>
Chinese:	<p>如果您，或是您正在協助的對象，有關於 Ambetter of Tennessee 方面的問題，且不通英語，您有權利免費並及時以您的母語獲得幫助和訊息。如果您，或您正在協助的對象有聽力和/或視力上的問題，阻礙了溝通，您有權利免費並及時獲得輔助支援與服務。若要取得翻譯或輔助服務，請聯絡會員服務部，電話是 1-833-709-4735 (Relay 711)。</p>
Vietnamese:	<p>Nếu quý vị hoặc người mà quý vị đang giúp đỡ có câu hỏi về Ambetter of Tennessee và không thành thạo tiếng Anh, quý vị có quyền được trợ giúp và nhận thông tin bằng ngôn ngữ của mình miễn phí và kịp thời. Nếu quý vị hoặc người mà quý vị đang giúp đỡ mắc bệnh về thính giác và/hoặc thị giác gây cản trở giao tiếp, quý vị có quyền được nhận các hỗ trợ và dịch vụ phụ trợ miễn phí và kịp thời. Để nhận dịch vụ thông dịch hoặc dịch vụ phụ trợ, vui lòng liên hệ bộ phận Dịch Vụ Thành Viên theo số 1-833-709-4735 (Relay 711).</p>
Korean:	<p>귀하 또는 귀하의 도움을 받는 분이 Ambetter of Tennessee에 대한 질문이 있는 경우 영어에 능숙하지 않으시면 해당 언어로 시의적절하게 무료 지원과 정보를 받을 권리가 있습니다. 귀하 또는 귀하의 도움을 받는 분이 청각 및/또는 시각적으로 의사소통에 장애가 있는 경우 시의적절하게 무료 보조 도구 및 서비스를 받을 권리가 있습니다. 번역 또는 보조 서비스를 받으시려면 1-833-709-4735(Relay 711)번으로 가입자 서비스부에 연락해주시시오.</p>
French:	<p>Si vous-même ou une personne que vous aidez avez des questions à propos d'Ambetter of Tennessee et que vous ne maîtrisez pas l'anglais, vous pouvez bénéficier gratuitement et en temps utile d'aide et d'informations dans votre langue. Si vous-même ou une personne que vous aidez souffrez d'un trouble auditif ou visuel qui entrave la communication, vous pouvez bénéficier gratuitement et en temps utile d'aides et de services auxiliaires. Pour profiter de services de traduction ou de services auxiliaires, veuillez contacter Services aux membres au 1-833-709-4735 (Relay 711).</p>
Laotian:	<p>ຖ້າຫາກທ່ານ ຫຼື ຜູ້ໃດຜູ້ໜຶ່ງທີ່ທ່ານກຳລັງໃຫ້ການຊ່ວຍເຫຼືອ, ມີຄຳຖາມກ່ຽວກັບ Ambetter of Tennessee, ຄະ ບໍ່ຮູ້ວ່າພາສາອັງກິດ, ທ່ານມີສິດໂດຍສະເຫຼ່ຍ ການຊ່ວຍເຫຼືອ ຄະ ຂໍມູນທີ່ເປັນພາສາຂອງທ່ານໂດຍບໍ່ມີຄ່າໃຊ້ຈ່າຍ ຄະ ທັນເວລາ. ຖ້າຫາກທ່ານ ຫຼື ຜູ້ໃດຜູ້ໜຶ່ງທີ່ທ່ານກຳລັງໃຫ້ການຊ່ວຍເຫຼືອ, ມີສະພາບທາງການໂຕ້ເຍັນ ຄະ/ຫຼື ການເປັນຜູ້ທີ່ຂັດຂວາງການສື່ສານ, ທ່ານມີສິດໂດຍສະເຫຼ່ຍການຊ່ວຍເຫຼືອ ຄະ ການບໍ່ມີການເຮັດໂດຍບໍ່ມີຄ່າໃຊ້ຈ່າຍ ຄະ ທັນເວລາ. ຜູ້ອື່ນທີ່ໂດຍສະເຫຼ່ຍການບໍ່ມີການເຮັດພາສາ ຫຼື ບໍ່ມີການເຮັດ, ກະລຸນາຕັດຕໍ່ຫາ Member Services (ການບໍ່ມີການສະມາຊິກ) ໂດຍ 1-833-709-4735 (Relay 711).</p>
Amharic:	<p>እርስዎ ወይም ሌላ የሚያግዙት ሰው፣ ስለ Ambetter of Tennessee ጥያቄ ካለዎት እና እንግሊዝኛ ብቁ ካልሆኑ፣ ያለምንም ወጪ እና በጊዜው በቁንቁዎ እርዳታ እና መረጃ የማግኘት መብት አልዎት። እርስዎ ወይም ሌላ የሚያግዙት ሰው፣ ግንኙነትን የሚያደናቅቅ የመስማት እና/ወይም የእይታ ችግር ካልዎት፣ ኢፓክ እርዳታዎችን እና አገልግሎቶችን ያለ ምንም ወጪ እና በጊዜው የመቀበል መብት አልዎት። የትርጉም ወይም ረዳት አገልግሎቶችን ለማግኘት እስከ በ 1-833-709-4735 (Relay 711) የአስፈላጊ ሎቶች ን ያናግሩ።</p>
German:	<p>Falls Sie oder jemand, dem Sie helfen, Fragen zu Ambetter of Tennessee hat und nicht Englisch spricht, haben Sie das Recht, kostenlos und zeitnah Hilfe und Informationen in Ihrer Sprache zu erhalten. Falls Sie oder jemand, dem Sie helfen, eine Hör- und/oder Sehbeeinträchtigung hat, die die Kommunikation beeinträchtigt, haben Sie das Recht, kostenlos und zeitnah zusätzliche Hilfe und Dienstleistungen zu erhalten. Um eine Übersetzung oder zusätzliche Dienstleistungen zu erhalten, wenden Sie sich an den Kundendienst unter 1-833-709-4735 (Relay 711).</p>
Gujarati:	<p>જો તમને અથવા તમે જેમની મદદ કરી રહ્યા છો એવી કોઈ વ્યક્તિને Ambetter of Tennessee વિશે પ્રશ્નો હોય અને અંગ્રેજીમાં પ્રવીણ ન હોય, તો તમને કોઈ ખર્ચ કર્યા વિના અને સમયસર તમારી ભાષામાં મદદ તથા માહિતી મેળવવાનો અધિકાર છે. જો તમે અથવા તમે જેમની મદદ કરી રહ્યા છો એવી કોઈ વ્યક્તિ શ્રવણશક્તિ અને/અથવા દૃષ્ટિવિષયક અવસ્થાથી પીડિત હોય કે જે સંચારને અવરોધતી હોય, તો તમને કોઈ ખર્ચ કર્યા વિના અને સમયસર સહાયક સહાય તથા સેવાઓ પ્રાપ્ત કરવાનો અધિકાર છે. અનુવાદ અથવા સહાયક સેવાઓ પ્રાપ્ત કરવા માટે, કૃપા કરીને 1-833-709-4735 (Relay 711) પર સંબંધિત સેવાઓનો સંપર્ક કરો.</p>

Japanese:

ご自身やあなたが介護している他の人が、Ambetter of Tennesseeについてご質問をお持ちの場合、英語に自信がなくても無料かつタイムリーにご希望の言語でヘルプや情報を得ることができます。ご自身や、あなたが介護している他の人の聴覚や視覚の状態のためやり取りが難しい場合でも、無料かつタイムリーに補助サービスを受けることができます。翻訳や補助サービスを受けるには、1-833-709-4735 (Relay 711)のメンバーサービスにご連絡ください。

Tagalog:

Kung ikaw, o ang iyong tinutulongan, ay may mga katanungan tungkol sa Ambetter of Tennessee, at hindi ka mahusay sa Ingles, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika nang walang gastos at sa maagap na paraan. Kung ikaw, o ang iyong tinutulongan, ay may kondisyon sa pandinig at/o paningin na nakakaapekto sa komunikasyon, may karapatan kang makatanggap ng mga karagdagang tulong at serbisyo nang walang gastos at sa maagap na paraan. Para makatanggap ng mga serbisyo sa pagsasalin o mga karagdagang serbisyo, mangyaring makipag-ugnayan sa Mga Serbisyo para sa Miyembro sa 1-833-709-4735 (Relay 711).

Hindi:

अगर आप या कोई ऐसा व्यक्ति जिसकी आप सहायता कर रहे हैं, के पास Ambetter of Tennessee से जुड़े प्रश्न हैं और आप दोनों अंग्रेज़ी में माहिर नहीं हैं, तो आपको अपनी भाषा में मुफ्त और समय पर सहायता और जानकारी प्राप्त करने का अधिकार है. अगर आपको या किसी ऐसे व्यक्ति को जिसकी आप मदद कर रहे हैं, सुनने और/या देखने में समस्या होती है और इससे बातचीत बाधित होती है, तो आपको बिना किसी लागत के और समय पर सहायक सहायता और सेवाएं प्राप्त करने का अधिकार है. अनुवाद या सहायक सेवाएं प्राप्त करने के लिए कृपया 1-833-709-4735 (Relay 711) पर सदस्य सेवाएं से संपर्क करें.

Russian:

Если у вас или у лица, которому вы помогаете, возникли какие-либо вопросы о программе страхования Ambetter of Tennessee, при этом вы недостаточно хорошо владеете английским языком, вы имеете право на бесплатную и своевременную помощь и информацию на своем родном языке. Если у вас или у лица, которому вы помогаете, наблюдается какое-либо нарушение слуха и/или зрения, которое препятствует коммуникации, вы имеете право на бесплатные и своевременные вспомогательные услуги и помощь. Для получения услуг перевода или вспомогательных услуг обратитесь в отдел обслуживания участников программы страхования по номеру 1-833-709-4735 (Relay 711).

Persian:

اگر شما یا فردی که دارید به او کمک می‌کنید، سوالی درباره Ambetter of Tennessee دارید، و انگلیسی نمی‌دانید، حق دارید کمک و اطلاعات را به زبان خودتان به رایگان و به موقع دریافت کنید. اگر شما یا فردی که دارید به او کمک می‌کنید مشکلات شنوایی یا بینایی دارد که برقراری ارتباط را سخت می‌کند، حق دارید کمک‌ها و خدمات امدادی را به زبان خودتان به رایگان و به موقع دریافت کنید. برای دریافت کمک‌ها و خدمات امدادی لطفاً با خدمات اعضا به شماره 1-833-709-4735 (Relay 711) تماس بگیرید.

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